
St. James'-Rosemount United Church

171 Sherwood Ave. Kitchener ON N2B 1K2

519-742-1002 www.sjruc.ca

God's Compassionate Community Sharing Christian Faith



February 7th – Communion Sunday
Worship Leader: Rev. Chris Fickling

Welcome!

Welcome to worship! We're glad you're here!

WE GATHER IN GOD'S HOPE

VU: Voices United

MV: More Voices

* Please remain seated for all of service.*

We would like to acknowledge that we are on the Haldimand Tract, traditional territory of the Neutral, Anishnaabeg, and Haudenosaunee peoples.

Welcome & Announcements

Prelude

Call to Worship

One: All who are hungry

All: Come and be fed.

One: All who are thirsty

All: Come and be nourished by new life.

One: All who are hurting

All: Come and be healed.

One: All who are under the shadow of death

All: Come and be raised.

One: For the love of God lifts and heals and nourishes and feeds.

Opening Prayer

One: Eternal God, Creator of the universe...and then some.

We call on you, you who greet us here.

We give you thanks for making it possible to gather,
and to ponder your eternal mysteries.

Make us, creatures of this time and space,
ready collaborators with your endless grace. **Amen.**

Opening Hymn We Cannot Measure How You Heal VU613

**1 We cannot measure how you heal
or answer every sufferer's prayer,
yet we believe your grace responds
where faith and doubt unite to care.**

**2 The pain that will not go away,
the guilt that clings from things long past,
the fear of what the future holds
are present as if meant to last.**

**3 But present too is love which tends
the hurt we never hoped to find,
the private agonies inside,
the memories that haunt the mind.**

**4 Your hands, though bloodied on the cross,
survive to hold and heal and warn,
to carry all through death to life
and cradle children yet unborn.**

**5 So some have come who need your help,
and some have come to make amends;
your hands which shaped and saved the world
are present in the touch of friends.**

**6 Lord, let your Spirit meet us here
to mend the body, mind and soul,
to disentangle peace from pain
and make your broken people whole.**

Story Time

Sharing the Sacrament of Holy Communion

One: May God be with you

And also with you.

Lift your hearts.

We lift them up to God.

Let us give thanks to the God we love.

We freely give God thanks and praise.

Holy are you, Eternal One.

You sit above, through, within the circle of the earth

Setting light into being

Casting the stars in the sky

Founding the evolving earth

And all that dwell within it.

Limitless is your power,

And great is your wisdom.

You look upon the lowly
As your most cherished creatures.
You visit upon the downtrodden
With presence, grace, and the promise of eternal
justice.

You sent to us your own child, Jesus,
Who reached into unexpected places,
Calling women beyond the limits of their times
Equipping men for nurturing love
Welcoming children into your holy embrace.

And so we recall that on the night of betrayal and
desertion, the light of the world took bread, broke and
gave it to the disciples, saying:

“This is my body, given for you.
Do this for the remembrance of me.”

And, in like manner, after supper,
Jesus took the cup and after giving thanks give it to
them saying,

“This is the cup of the new covenant
poured out for you and for all people
for the forgiveness of sins.
Do this, as often as you drink of it,
for the remembrance of me.”

Life’s greatest feast before us,
We excitedly proclaim:
Christ has died, Christ is risen, Christ will come again.

Hymn Eat this Bread and Never Hunger VU471

**Refrain *Eat this bread and never hunger,
drink this cup and never thirst;
Christ invites us to the table
where the last become the first.***

**1 *Asking for a cup of water,
Jesus touched forbidden ground;
and the woman, with a question,
told the world what she had found.* Refrain**

2 *Walking down a desert highway,
Jesus healed a man born blind;
soon the man became a witness
to the truth we seek and find.* Refrain

3 *Weeping for his friend at graveside,
Jesus felt the pain of death;
yet he knew God's power to waken:
living water, living breath.* Refrain

Breaking the Bread and Sharing the Cup

One: Dear God, you transform.
You transform all that is before you
So that at the touch of your grace
We are never the same.

Dear God, you illumine.
You bring light to all peoples
Light to the nations
Light into our hearts
Light on your Way.

Dear God, we pray for your Spirit.
Transform, illumine, bless.
Make these ordinary gifts of bread and cup
Into the extraordinary presence of Christ with us.

In so doing, hold us as your own
Renew us as your people
For the sake of the world you love.

For all honor and glory are yours, O God,
Through Jesus Christ,
Who lives and reigns with you and the Holy Spirit in
your glorious creation
Both now and forever. Amen.

WE LISTEN FOR GOD'S WORD

Minute for Mission

Readings from Scripture (CEB) Mark 1:29-39

29 After leaving the synagogue, Jesus, James, and John went home with Simon and Andrew. 30 Simon's mother-in-

law was in bed, sick with a fever, and they told Jesus about her at once. 31 He went to her, took her by the hand, and raised her up. The fever left her, and she served them.

32 That evening, at sunset, people brought to Jesus those who were sick or demon-possessed. 33 The whole town gathered near the door. 34 He healed many who were sick with all kinds of diseases, and he threw out many demons. But he didn't let the demons speak, because they recognized him.

35 Early in the morning, well before sunrise, Jesus rose and went to a deserted place where he could be alone in prayer.

36 Simon and those with him tracked him down. 37 When they found him, they told him, "Everyone's looking for you!"

38 He replied, "Let's head in the other direction, to the nearby villages, so that I can preach there too. That's why I've come." 39 He traveled throughout Galilee, preaching in their synagogues and throwing out demons.

Anthem There is a Balm in Gilead

Reflection Free at last

Music Free at last

WE RESPOND TO GOD'S WORD AND LOVE

Invitation to Offering (Donate online at sjruc.ca)

Offertory

Prayers of the People and the Lord's Prayer

One: For those whose lives are broken by distress

All: May the God of healing restore you

One: For those whose lives are broken by fear

All: May the God of healing restore you

One: For those whose lives are broken by anger

All: May the God of healing restore you

One: For those whose lives are broken by pain

All: May the God of healing restore you

One: For those whose lives are broken by illness

All: May the God of healing restore you

One: For those whose lives are broken by sin

All: May the God of healing restore you

One: God of healing gently touch our lives
with your Spirit
Bring warmth and comfort
life and wholeness
restoration
into fractured lives
and souls

Our Father, who art in heaven,
Hallowed be thy name,
Thy kingdom come,
Thy will be done, on earth as it is in heaven.
Give us this day our daily bread,
And forgive us our trespasses,
As we forgive those who trespass against us.
And lead us not into temptation,
But deliver us from evil:
For thine is the kingdom, the power and the glory
Forever and ever. **Amen**

WE GO OUT TO LOVE AND SERVE OTHERS

Hymn

When Pain of the World

VU 598

1 *When pain of the world surrounds us
with darkness and despair,
when searching just confounds us
with false hopes everywhere,
when lives are starved for meaning
and destiny is bare,
we are called to follow Jesus
and let God's healing flow through us.*

2 *We see with fear and trembling
our aching world in need,
confessing to each other
our wastefulness and greed.
May we with steadfast caring
the hungry children feed.
We are called to follow Jesus*

and let God's justice flow through us.

3 ***The church is a holy vessel
the living waters fill
to nourish all its people,
God's purpose to fulfill.
May we with humble courage
be open to God's will.
We are called to follow Jesus
and let God's spirit flow through us.***

4 ***We praise you for our journey
and your abundant grace,
your saving word that guided
a struggling human race.
O God, with all creation,
your future we embrace.
We are called to follow Jesus
and let God's changes flow through us.***

Commissioning

One: Go forth...replenished by the grace and mercy of God,
...blessed by the healing love of Jesus,
...energised by the limitless power of the Holy
Spirit. Amen

*** Choral Benediction**

*Go now in peace, never be afraid
God will go with you each hour of every day
Go now in faith, steadfast, strong and true
Know God will guide you in all you do.
Go now in love, and show you believe
Reach out to others so all the world can see
God will be there watching from above.
Go now in peace, in faith and in love.*

(“Go Now in Peace” Written by Besig & Price 1988)

Postlude

Announcements

Faith Study We finish with our Faith Study on Wednesday night at 7pm with "You are Never Alone" by Max Lucado. We'll be joining together over Zoom, but instead of publishing the Zoom link, please contact revchris@sjruc.ca to be added to the email list. On February 17th we will begin our Lenten Study, ***Final Words from the Cross***, with Adam Hamilton.

Executive and Unified Board - The Executive and the Unified Board have been meeting virtually over the past few months in spite of the lockdown. At this time we are looking for new Board members to replace those who have served their terms. There is a need, especially during this time of COVID-19, for a strong Unified Board to continue the work of the church. And we need many hands to accomplish this goal. Please prayerfully consider how YOU can help to keep our church vital and relevant. If you think you could serve on a committee or as a committee chair please contact Rev. Chris, Lynda Perkes chair@sjruc.ca or any member of the Board.

Tax Receipts – Receipts for givings for 2020 have been mailed out. If you don't get your receipt, or if there are issues, please call the office.

Ash Wednesday – Wednesday, February 17th – Join us on Zoom for a special service to start our journey into Lent. If you need ashes (you can use fireplace ashes, or burn palms or palm crosses from previous years) or sign up online @ sjruc.ca if you need ashes delivered!

Lent – Our theme for Lent is 'Love Builds up.' A special booklet will be emailed out to invite everyone into this important work.



**The building is closed but church isn't!
Visit sjruc.ca for online services and information.**
