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# St. James'-Rosemount United Church

171 Sherwood Ave. Kitchener ON N2B 1K2

519-742-1002 [www.sjruc.ca](http://www.sjruc.ca)

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God's Compassionate Community Sharing Christian Faith



## camino

Wellbeing + Mental Health



## Monica Place

for pregnant and parenting youth

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**June 4, 2023 – Camino Wellbeing + Mental Health**  
**Worship Leader: Rev. Chris Fickling**

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# Welcome to worship!

*We're glad you're here!*

## WE GATHER IN GOD'S HOPE

**VU: Voices United**

**MV: More Voices**

\* Please rise in body and/or spirit as you are able.

*We acknowledge that we are on the Haldimand Tract, traditional territory of the Neutral, Anishnaabeg, and Haudenosaunee peoples. We acknowledge their care of the land and give our thanks for their conservancy.*

Welcome & Announcements

Lighting the Christ Candle

Prelude

**Andante**

*(Joseph Rheinberger)*

\*Opening Hymn **Our God, Creation's Loving Source** VU490

Call to Worship

One: Come! Come and worship,  
you who woke early and you who slept late;  
you who come often, and you who don't.  
Whether we are first or last or somewhere in between,  
there is room for all of us in God's kin-dom,  
and more than enough grace to go around.  
Let us worship God as together we make room for all.

Opening Prayer

One: As a community of faith, we pray, grateful that  
we have been created by the love of God.

**All: As people surrounded by that love,  
we are called to reach out  
to those in our midst and in other lands,  
people whose lives cry out for the warm embrace  
of fellowship.**

One: We have not to come to 'toot our own horns' or act  
better than others, but to join with our God to help  
bring about goodness for our time.

**All: We have come not to boast of what we have done,  
but to proclaim the redeeming work of Jesus  
Christ by extending our hearts and hands  
to all in need.**

**With all our being,  
we will praise God and tell of God's goodness  
in our acts of kindness and love  
as we seek the common in community.**

**Lord's Prayer** (*read and prayed slowly together*)

**All: Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come, thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, the power and the glory.  
For ever and ever. Amen.**

Story Time

*Youth and Children are invited to head out to Sunday School!*

## **WE LISTEN FOR GOD'S WORD**

Scripture Reading (CEB) **Matthew 25: 35-40**

<sup>35</sup> I was hungry and you gave me food to eat. I was thirsty and you gave me a drink. I was a stranger and you welcomed me. <sup>36</sup> I was naked and you gave me clothes to wear. I was sick and you took care of me. I was in prison and you visited me.' <sup>37</sup> "Then those who are righteous will reply to him, 'Lord, when did we see you hungry and feed you, or thirsty and give you a drink? <sup>38</sup> When did we see you as a stranger and welcome you, or naked and give you clothes to wear? <sup>39</sup> When did we see you sick or in prison and visit you?' <sup>40</sup> "Then the king will reply to them, 'I assure you that when you have done it for one of the least of these brothers and sisters of mine, you have done it for me.'

Anthem

**Prayer to the Trinity**

(Michael Bedford)

*Come, come, O God of heaven,  
Live within our hearts today;  
Come, come, O God of heaven,  
Hear, O hear us as we pray.*

*Come, come, O gracious Saviour,  
Stay within our hearts today;  
Come, come, O gracious Saviour,  
Hear, O hear us as we pray.*

*O, be near us, love and cheer us,  
With your blessing from above;  
Ever guide us, walk beside us,  
As we seek to share your love.*

*Come, come, O Holy Spirit,  
Shine within our hearts today;  
Come, come, O Holy Spirit,  
Hear, O hear us as we pray.*

Reflection - Sally Sarachman, Camino Wellbeing+Mental Health

Hymn

**O Christian, Love**

VU 594

**WE RESPOND TO GOD'S WORD AND LOVE**



Invitation to Offering

(Donate online at [sjruc.ca](http://sjruc.ca))

Offertory

**Prayer**

(Alexandre Guilmant)

\* Offering Response

***We bring our gifts to share, and lift our grateful prayer  
That with our faithful care, our world will grow.  
Through work of minds and hands  
in gestures small or grand,  
Let willing hearts expand the love You sow.***

*Words & music © A. Baer, 2013, arr. S. Porter*

\*Dedication of the Offering

Prayers of the People

# WE GO OUT TO LOVE AND SERVE OTHERS

\* Closing Hymn      **When We Are Living**      VU 581

\* Commissioning

\* Choral Benediction      **Go Now in Peace**      *(Besig & Price 1988)*

***Go now in peace, never be afraid  
God will go with you each hour of every day  
Go now in faith, steadfast, strong, and true  
Know God will guide you in all you do.  
Go now in love, and show you believe  
Reach out to others so all the world can see  
God will be there watching from above.  
Go now in peace, in faith and in love.***

*Please remain seated in silence as  
we conclude our service with the postlude.*

Postlude      **Grand Choeur alla Handel**      *(Alexandre Guilmant)*

\* \* \*

**Printed copies of this Sunday's message are available  
in the Narthex for you to take home or share.**

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**Join us in the Rainbow Room for  
Gather, Gab & Mingle after the service today!**

## SUMMER SERVICES:

We will be sharing Summer Worship Services with  
Calvary Memorial United and Forest Hill United.  
Summer Services will be at **10:00 a.m.**



**July 2, 9, 16:**      Meet at **Calvary Memorial United**  
91 Gruhn St, Kitchener

**July 23, 30, Aug 6:**      Meet at **Forest Hill United**  
121 Westmount Rd E Kitchener

**August 13, 20, 27:**      Meet at **St. James'~Rosemount United**  
171 Sherwood Ave, Kitchener

## FOR YOUR CALENDAR:

- June 11 Celebrate our Children Service 10:30 am - BBQ after church!
- June 18 **Father's Day Service 10:30 am – Gather, Gab & Mingle after**
- June 25 **Worship Service 10:30 a.m.-**
- July 2 Summer Schedule begins: **Worship at Calvary United 10 am**

## IN OUR CHURCH

**Join us for “Outside & Inside” TOMORROW, Monday, June 5<sup>th</sup>.** We'll meet at the church - **9:30 am to 11:30 am** - with the



plan to tidy up the gardens around the church, and finish cleaning the windows. Please bring the supplies you will need. Sunshine provided outside... Music provided inside. 🎵 Snacks at 10:30 am. Everyone is welcome!

**The last Sharing Place** in the Christ the King building will be held **Friday, June 9<sup>th</sup>, 1 – 4p.m. & Saturday, June 10<sup>th</sup> 9 a.m. to noon.** Help setting up during the week before, during the event & cleaning up would be greatly appreciated. For more information please contact the church office.

**Do you enjoy Gather, Gab & Mingle (GGM)?** Would you like it to run more often in the fall? If so, we need more volunteers! Contact the church office if you are interested in serving with us.



**UCW Spring Fling!** - We're having our “Spring Fling” on **Tuesday, June 13<sup>th</sup> at 11:30 am in the Gym.** All women welcome! We have contacted DeliWorks and Angus will provide three different lunches - your choice. Each will be \$17. They are found on the poster on the bulletin board. This is not a fundraiser. Come and catch up with those you haven't seen for a while and have a bit of fun. Please call Muriel or Jan **and book your lunch box before June 8<sup>th</sup>.** Put your payment in an envelope marked “SPRING FLING” and drop it off at the church or e-transfer to: pay-UCW@sjruc.ca  
All Lunch Boxes must be prepaid.



**Directory Photos** will be taken at SJR Sept 13-16. More information will be available closer to the dates. If you will be away that week, arrangements can be made to attend another location when you are available. See members of the Pastoral Care & Membership Committee if you have questions. Groups & committees will submit their pictures prior to that day.



## **Possible Seniors' Exercise Classes at SJR this Fall**

“SMART” (Seniors Maintaining Active Roles Together) ®

program is for anyone 55 years and older or any adult living with a disability who wants to improve their

strength, balance, & mobility through low-impact exercise.

Participants work at their own pace, wearing comfortable clothing & supportive shoes. Exercises can be completed

seated or standing. ***We are currently trying to determine if there is enough interest to run a program at SJRUC in the fall.***

If you would be interested in participating, please add your name to the list in the Narthex along with your preferred time or call/email the church office.

**SJR Current Covid Measures:** SJR follows Ontario Public Health guidelines: practice good hand hygiene, distance yourself from others if you choose, stay home if you are sick, and keep up-to-date on vaccinations. If you feel you are seated too close, please feel free to move to another seat. We recommend wearing a mask.

## **IN OUR COMMUNITY**

### **Prayer in the Park TODAY Sunday, June 4<sup>th</sup> from 2-4 pm**

Victoria Park Kitchener by the Clock Tower. Unity refreshes us and renews and reminds us we are part of the one body of Christ and God is with us. Our prayer is that God's presence will be experienced in an awe-inspiring, powerful way in our midst, both at Prayer in the Park, and as we go forth and serve God in Waterloo Region. (Ephesians 4:12). We pray that times of refreshing will come on the Church of Waterloo Region, that God will show His power and glory here.

**Hosting Ukrainians Fleeing the War:** We are looking for people willing to open their homes to Ukrainian families fleeing the war. Some hosts offer a sofa bed & emergency hosting only, others have a spare room or two and host for longer periods. Some hosts cook meals & help with paperwork. All we expect is a bed, access to the kitchen & bathroom, & a welcoming smile. Do you have a business willing to hire a Ukrainian? The government does not provide housing or money for these people because they are not refugees. They need to get jobs quickly so they can sustain themselves. For more info [www.wgrassrootsresponse.ca](http://www.wgrassrootsresponse.ca)

# COLORING PAGE

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LOVED  
Beyond  
MEASURE

